

Stocking Instructions Updated 10/5/2019

Join the upper, Part 1 and lower (Part 2) pattern pieces at Join Lines. Cut one of the pattern for the front.

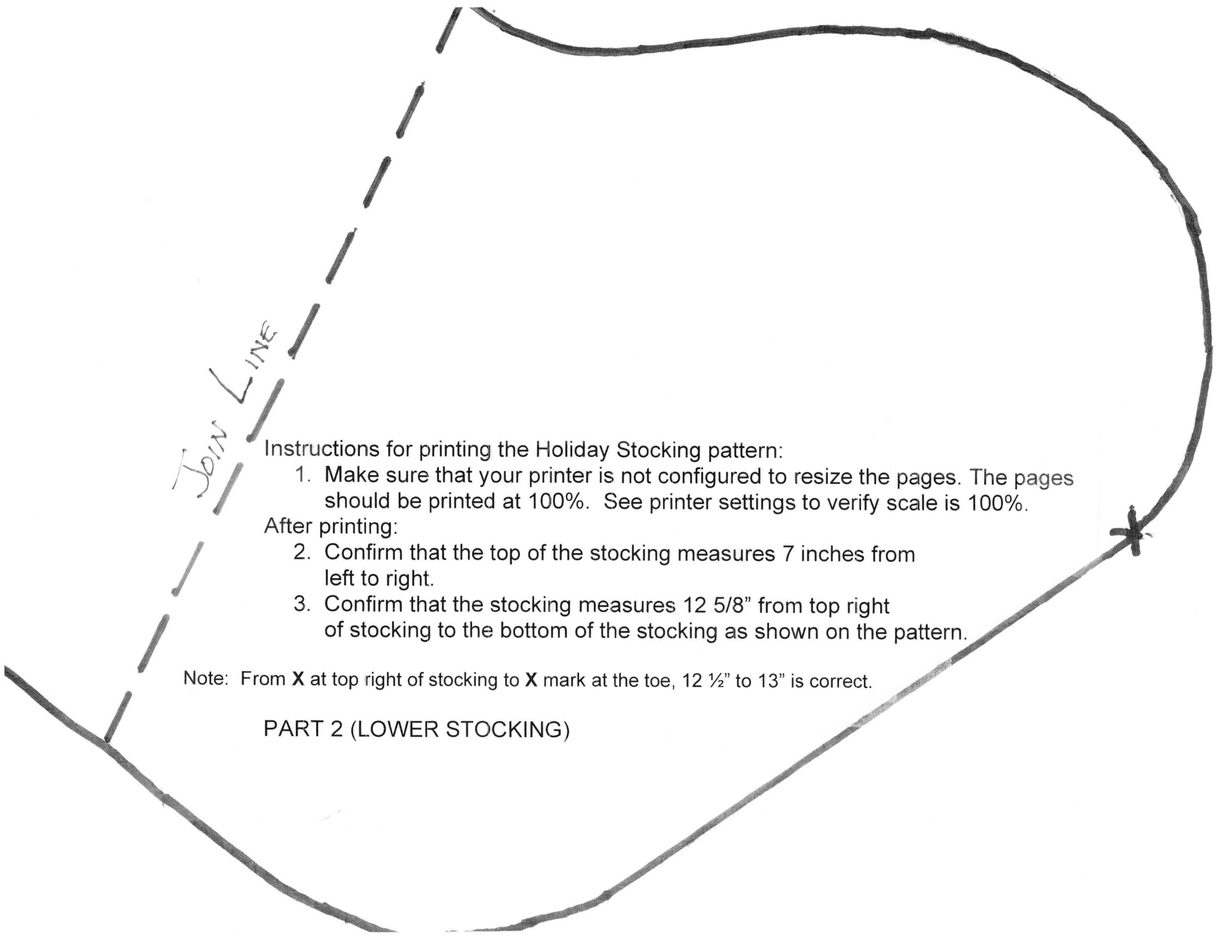
Turn the pattern over and cut one for the back.

(Mirror images) Sew the two pieces together using a $\frac{1}{2}$ " seam allowance. If you line the stocking, you will need to cut two of the front and two of the reversed back pattern.

Decorate and embellish the stocking any way you wish to do. Keep in mind that it will be donated to a women's organization. Some themes to consider are Christmas, Hanukkah, winter, Victorian, floral, children or ??? - let your imagination run crazy.

JOIN LINE

PART 1 (UPPER STOCKING)



Join Line

Instructions for printing the Holiday Stocking pattern:

1. Make sure that your printer is not configured to resize the pages. The pages should be printed at 100%. See printer settings to verify scale is 100%.

After printing:

2. Confirm that the top of the stocking measures 7 inches from left to right.
3. Confirm that the stocking measures $12 \frac{5}{8}$ " from top right of stocking to the bottom of the stocking as shown on the pattern.

Note: From X at top right of stocking to X mark at the toe, $12 \frac{1}{2}$ " to 13" is correct.

PART 2 (LOWER STOCKING)

STRING PIECED HOLIDAY STOCKINGS INSTRUCTIONS

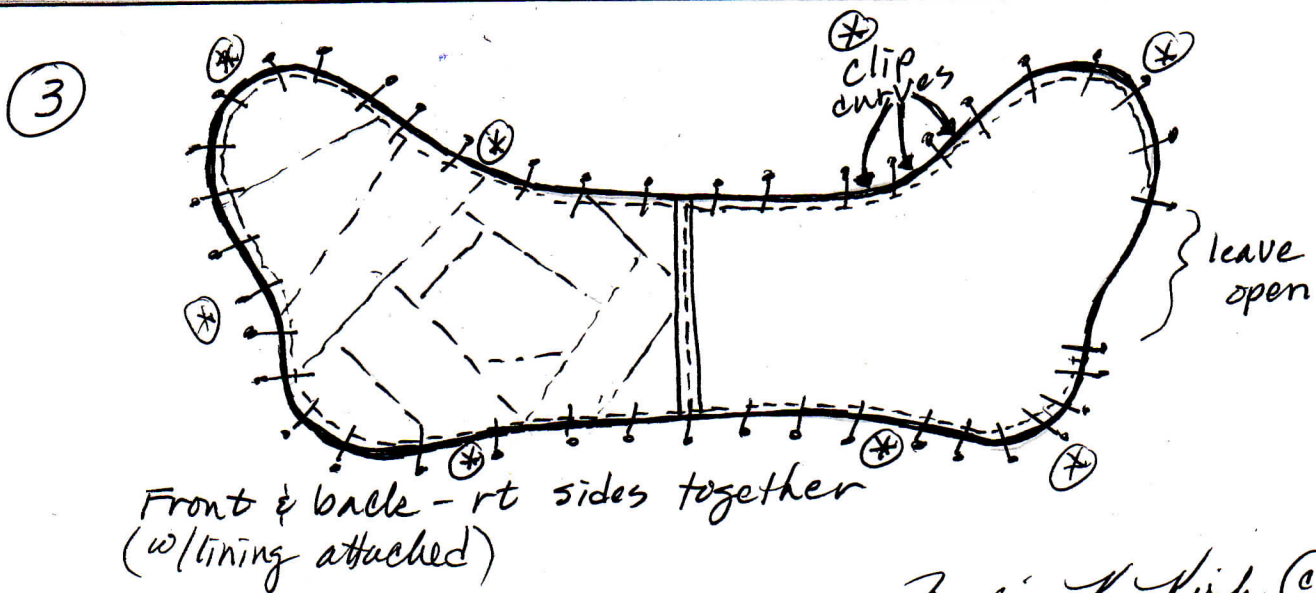
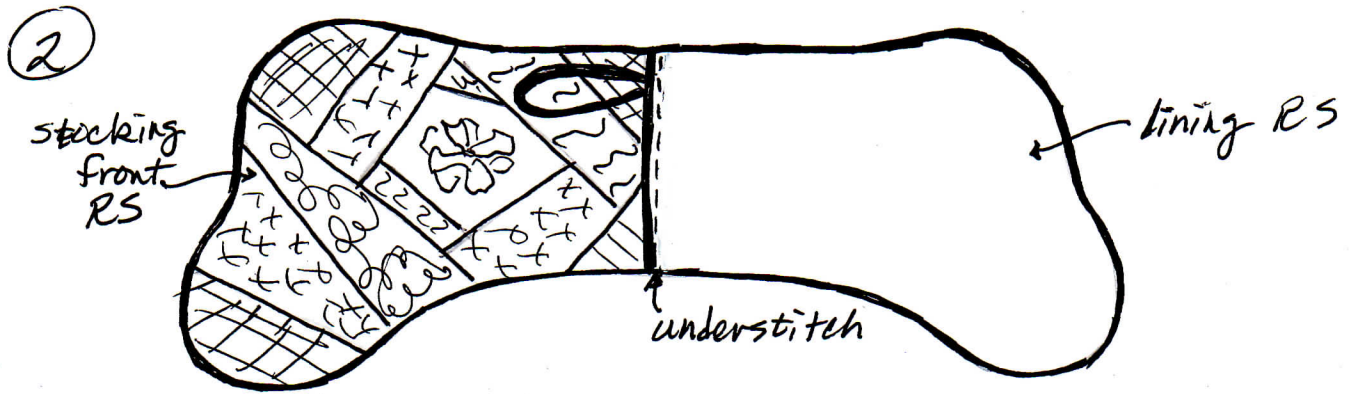
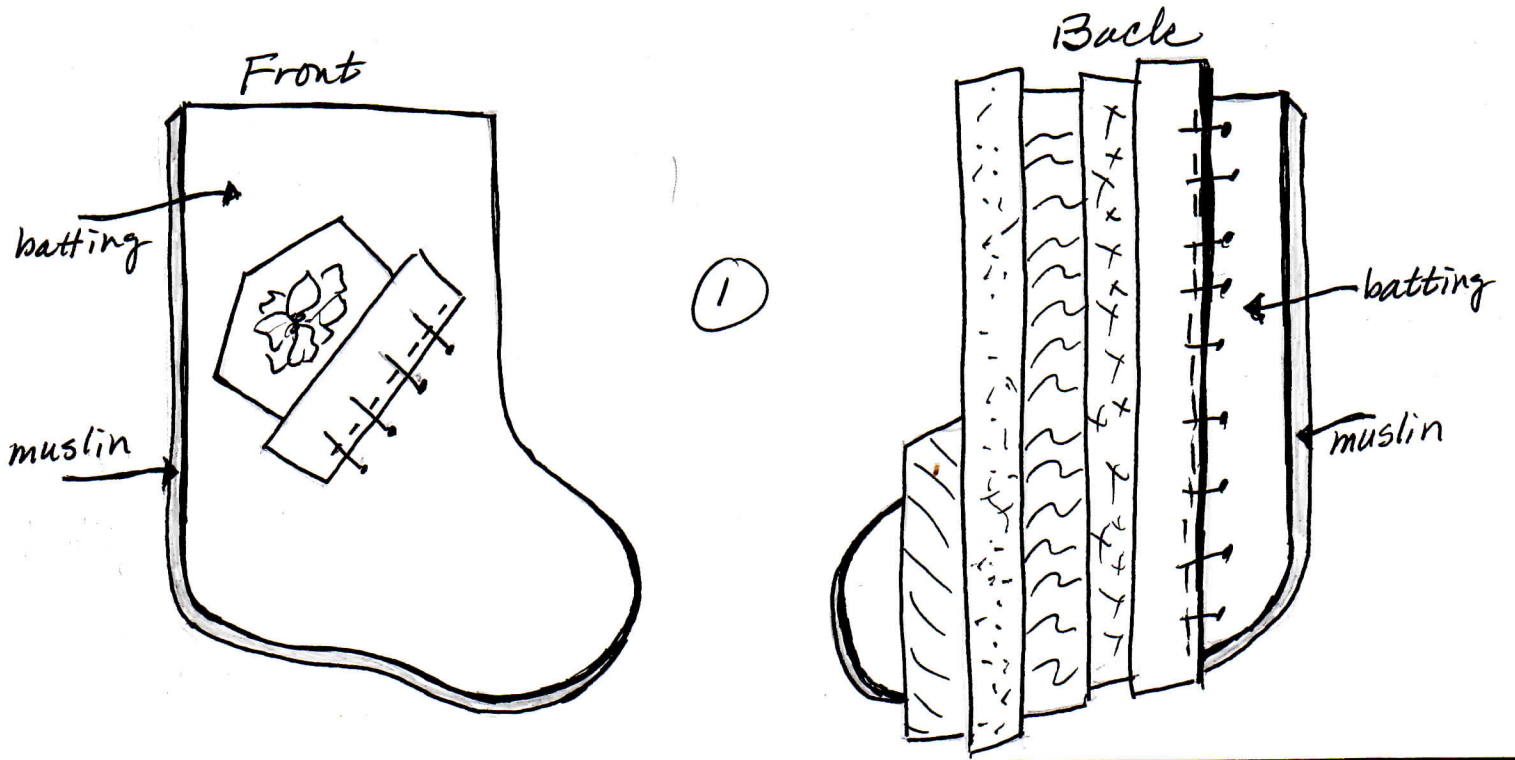
String Piece the Stocking Front (Optional – Also String Piece Stocking Back):

- Trace the stocking pattern onto muslin or other lightweight foundation fabric and cut out the muslin foundation. (Prepare two if you plan to piece the front and back of the stocking). Place the muslin foundation(s) on a thin piece of batting, and use your rotary cutter or scissors to cut batting piece(s) to match the foundation.
- Layer one piece of batting on top of the muslin foundation – note which direction the stocking is facing; the front and back need to be facing opposite each other. If the batting pieces are smaller than the foundation, use a rotary cutter to cut a straight edge on each batting piece and butt the pieces next to each other, covering the foundation, and pin in place. (The batting edges will be secured by the string piecing.)
- Place one strip or scrap of fabric in the center of the stocking, right side up. Next, place a strip or scrap along one side of the center piece, right side down; sew along the edge and flip it open. (The strips/scrap can be pieced, angled, vertical, horizontal, large or small.) Finger press the seam or press (but be careful that batting doesn't stick to the iron). (See Diagram 1.)
- Keep adding strips until the foundation muslin/batting is covered. Then turn the stocking front over and trim the excess fabric around the muslin foundation. Repeat this process for the stocking back if desired (be sure the back is facing the opposite direction from the front – if they are facing the same way they won't assemble properly). Optional – embellish stocking front if desired.

Stocking Assembly:

- Using stocking pattern, trace and cut two (2) lining pieces out of leftover cotton (solid or a coordinating print) or other lightweight lining fabric.
- Sew the top edges of the lining pieces, RST, to the front and back stocking pieces, being sure that they are oriented in the same direction. (If they are not oriented correctly the lining will not fit into the stocking properly.) When you sew the lining to the front piece along the top, include a **hanger loop** (7" piece of grosgrain or other ribbon) in the seam, close to the seam allowance on the left side (heel side) of the stocking). The raw edges of the ribbon should be placed along the raw edges of the top of the stocking & lining, with the loop hanging down loose between the two. (See Diagram 2.)
- Press the seam allowances towards the lining and understitch the seam (sew 1/8" from the seam, on the lining, thru the seam allowance), which helps to keep the seam from rolling out on top. Pin the loose part of the hanger to the stocking front so you won't catch it in the side seam.
- Next, place the front and back of the stocking/lining together RST, pin all around the stocking & lining, and sew - leave an opening in the bottom of the lining about 4", or big enough for your hand to go thru. The seam should be 1/2" approx. Trim the seam to about 1/4" and clip into the curves - not all the way to the sewn seam - to distribute the ease of the curved seams. (See Diagram 3.)
- Reach inside thru the opening in the bottom of the lining and turn the stocking right side out. The ribbon hanger should be out at the top of the stocking. Press the sewn edges flat, turning the un-sewn seam allowance at the bottom of the lining in along the seam line and pressing it. Pin the un-sewn section of the lining, then sew close to the edge to close it.
- Last, stuff the finished lining into the stocking and press from the top. Enjoy your stocking!

STRING PIECED HOLIDAY STOCKING



STRING PIECED HOLIDAY STOCKINGS **Nadine Kirk** **SUPPLY LIST FOR GUILD WORKSHOP**

Join us for a hands-on introduction to string piecing, and make a holiday stocking for SBQG donations. In this workshop we will prepare a string-pieced stocking front (and back, optional) using holiday scrap fabrics on a muslin foundation, incorporating a layer of batting; and then assemble the stocking with a ribbon hanger and full lining. You may continue on to make an heirloom stocking to keep (optional - embellish it with embroidery, couching, beads, buttons, etc.). The processes are simple and can be easily transferred to making scrap blocks for quilts; all of the results are amazing!

You will need:

SBQG Holiday Stocking Pattern (available on SBQG website), with the paper pattern cut out

String Pieced Stocking: *

Foundation	Half Yard Muslin – should be enough for 4 stocking pieces. (Can also use other lightweight fabric.)
Batting for String Piecing	Pieces of leftover low-loft batting work fine, stocking size or smaller (which can be pieced onto the foundation).
String Piecing for Stocking Front (and Optional Back)	Scraps and smallish pieces of various Holiday fabrics, the more the better.
Stocking Back (if not string pieced)	Fat quarter of Holiday fabric; can be a heavier fabric which does not need a batting layer such as thin corduroy, linen, decorator fabric, etc.
Lining	Half yard of Holiday Fabric – print or solid cotton, or other lightweight lining fabric; also can be flannel.
Ribbon Hanger	7" piece of 1/4" ribbon (grosgrain or decorative)

Optional Embellishments for Heirloom Stocking: Embroidery Floss, Ribbon, Beads, Buttons

General Supplies:

Black Lead Pencil to trace Stocking Pattern
 Scissors: Large to cut muslin foundation and batting, and Small to trim String Piecing
 Sewing Machine in good working order (optional – zig-zag or decorative stitch for quilting solid stocking back if the back is not pieced)
 Sewing Thread in neutral color for String Piecing, or to match Holiday fabrics
 Sewing Machine Needles: 80/12 regular or quilting
 Pins: Longer pins work well to use with layers of piecing/batting/foundation
 Rotary Cutter (45mm) and Mat
 Iron and Ironing Pad
 Basic Sewing/Rotary Cutting/Pressing/Quilting Supplies

Please Note:

* The workshop will supply pre-cut muslin foundation fabric and batting for the string-pieced stockings, ribbon for hangers, and a selection of scraps and larger pieces of holiday fabric for you to use for string piecing and stocking linings.

If you would like to use flannel for the stocking lining, you may omit the batting layer and string piece directly onto muslin.